

Bio Ulrich Schnyder

Ulrich Schnyder, MD, is a psychiatrist and licensed psychotherapist. He is emeritus professor of psychiatry and psychotherapy at University of Zurich, Switzerland. Until 2018, he was head of the Department of Psychiatry and Psychotherapy at the University Hospital Zurich. His scientific activities are focused on various aspects of traumatic stress research, including epidemiology, neurobiology, psychotherapy and pharmacotherapy for PTSD, resilience to stress, and, more recently, refugee mental health, and the emotional, psychosocial and physical consequences of child maltreatment. Past President of the European Society for Traumatic Stress Studies (ESTSS), the International Federation for Psychotherapy (IFP), and the International Society for Traumatic Stress Studies (ISTSS). In 2013, he received the ESTSS Wolter de Loos Award for Distinguished Contribution to Psychotraumatology in Europe, and in 2016 the ISTSS Lifetime Achievement Award. Honorary Member, International Federation for Psychotherapy (IFP). Co-chair of the Global Collaboration on Traumatic Stress (GC-TS).

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